



ASUSF General Senate Minutes

Wednesday, March 22, 2023 | Fromm Hall | 5 - 7pm PST

1. **Call to Order and Roll Call** [5 pm]
 - a. Forrest, Ryan, Kiannah-Nicole, Wanda, Sofia Del Rosario, Charlotte, Angel, Avneet, Dmitry, ET, Stefan, Ethan, Fiza, Bianca, Martina
2. [Land Recognition Statement](#)
3. **Approval of Agenda & [Minutes](#)**
 - a. Wanda motions to approve the agenda
 - i. Ryan seconds
 - b. Ryan motions to approve the minutes
 - i. Wanda seconds
4. **Open Forum**
 - a. Anyone who wishes to address the Senate
 - i. Senator Quan thinks we should work on expanding the community garden and marketing it better to the student body
 - ii. Senator Mak is wondering if anyone interested in working on a language accessibility resolution with him
5. **Check In** [5:05pm]
 - a. What end do you peel a banana from? (tip or stem)
6. **Guest Speaker** [5:15 pm]
 - a. Shannon Gary, Associate Vice President of Student Life and Dean of Students
 - i. Mental Health & Student Wellness

1. National issue particularly coming back from Covid, the stigma surrounding mental health is slowly dissipating so people are more open talking about it
2. USF has hired additional CAPS clinicians and have incorporated YouWill which connects students with off site clinicians
 - a. YouWill expands the availability of different demographics (ie. language, race, gender, sexuality etc)
 - i. Originally paid for through soft money initially but the university has integrated it into its budget making it a stable program
 - b. CAPS offers group therapy, couples therapy and 1:1 therapy
 - i. CAPS is not intended for long term or in depth therapy treatment
- ii. Shannon focuses on health promotion services, Koret, residence life, CAPS, food pantry, bias response,
- iii. Questions & Discussion
 1. Is there a reason why we don't have a more in depth therapy model?
 - a. This is the typical college institution model. Usually you see more in depth therapy and psych care if there's a hospital attached to the university
 2. Does the school follow up with students who reach their limit of therapy sessions and need to see outside care services?
 - a. Usually the clinician they're working with will help them find someone or they are referred to case management which also helps them find an outside doctor.
 - b. However once the student is connected to Vanessa(case management) they can sometimes fall in the cracks if they don't follow up with her
 3. Does CAPS go on student records?

- a. No it is all private and your record is completely confidential and safe unless there's a written release of information
- 4. What feedback is CAPS receiving from student surveys?
 - a. Numbers of individuals using CAPS have definitely gone up from pre and post covid years. Satisfaction has stayed fairly consistent in the 80 - 89 percentile
- 5. Has Case Management been working on maintaining partnerships with outside care providers?
 - a. They use a more individualized experience now; finding outside care providers that work with students insurance
 - i. They used to use the emergency fund to cover costs if a student had a more difficult insurance to match but now the emergency fund is out so they're looking for an alternative solution
- 6. Does USF health insurance usually help in covering therapy and psychiatry needs for students?
 - a. Yes, its Aetna which is pretty broad, the main insurance issues are the smaller or more specialized insurance companies
- 7. Does CAPS play a major role in student retention?
 - a. Yes and no. When they have a student that's experiencing issues they try to help in any way but there are cases where students who are heavily affected by mental health illnesses and the best course of action is to leave the university and focus on themselves first.
- 8. What are the goals of student life this year? Focuses?
Challenges?
 - a. In general student life perspective would be retention
 - b. Biggest challenge is money right now; in a major deficit atm
- 9. Are there any groups that aren't using the services and can Senate help?

- a. First gen students, black students, and men have the lowest rate based on the proportion of their student population.
- 10. In what ways is CAPS spreading the word about their services and are there any areas that can be improved?
 - a. They get about 200 outreach requests a year so they market themselves in a lot of different capacities
 - b. Most students know CAPS exist; the issue is more getting students to make the jump and decide to use their services
- 11. Is there any update on filling the Title IX therapist position?
 - a. They're still actively looking for a qualified person

7. Break

[6:10 pm]

- a. Forrest motions to break
 - i. Adriana seconds

8. Old Business

- a. Vote on [Implementing Public Posting Boards Resolution](#) [6:15pm]
 - i. Ryan motions to vote on the resolution
 - 1. Kiannah-Nicole seconds
 - a. 11 ayes, 0 nays, 2 abstentions
 - i. This motion passes

9. New Business

- a. Present [Bon Appetit Communication Resolution](#) [6:20pm]
 - i. Forrest
 - 1. Feedback
 - a. Crystal and Garretts signatures are important to get
 - b. Clarify the wording of the first resolved statement

10. Announcements

[6:30 pm]

- a. Next week's guest speakers on construction

- i. Mike London, Associate Vice President of Facilities
 - ii. JJ Thorp, Director of Project Management
 - iii. Heather Hickman Holland, Director of Operations, Facilities Management
- b. Invite-only USF Silk Speaker: [Kal Penn](#)
 - i. Friday, April 14th, 4:30pm-5:30pm

**c. WE ARE IN CRUNCH TIME. SPRINT TO THE
FINISH.**

11. Adjournment

[6:40 pm]

- a. Ryan motions to adjourn
 - i. Dmitry seconds